

Forever Nature-Min®

#037



Forever Nature-Min®

A perfect multi-mineral blend.

You already know that multivitamins keep your body fueled with essential nutrients. But did you know multi-minerals are just as important?

Minerals play a vital role in everything from proper hydration to muscle health and even brain function. Yet the human body does not replace its own lost minerals, so deficiencies need to be addressed with food or supplementation.

Forever Nature-Min® is our advanced supplement formula designed to help your body maintain its ultimate mineral levels with optimal levels of 10 essential and trace minerals.

Our easily digestible supplement contains an ideal blend of both macro and trace minerals. Macro minerals are the ones your body needs in higher amounts, like magnesium for proper muscle function and electrolytes that help regulate fluid balance and hydration.

Trace minerals are needed in smaller amounts, but that doesn't make them any less important. Zinc, for instance, is known to act as a catalyst for nearly 100 enzymes and assists in many crucial biological functions, including DNA and protein synthesis.

We searched the earth and sea to compile the perfect blend, which includes nutrients once locked deep in an ancient seabed. Make sure your body is getting all the minerals it needs to meet the demands of a healthy, balanced lifestyle with Forever Nature-Min®. Take Forever Nature-Min® alongside our Forever Daily® multivitamin to ensure you are getting the perfect balance of vitamins and minerals!

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NUTRITIONALS

FAST FACTS

- Supports muscle, brain and thyroid function
- Helps regulate fluid balance
- Excellent source of electrolytes



Gluten Free



Suitable for vegetarians



Suitable for vegans

CONTENTS

180 tablets

DIRECTIONS

Six tablets daily as a dietary supplement.

CERTIFICATIONS

Kosher Certified, Halal Certified



Supplement Facts

Serving Size 6 Tablets
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1g	<1%*
Dietary Fiber	1g	4%*
Calcium (Dicalcium Phosphate)	1000 mg	100%
Iron (Ferrous Fumarate)	18 mg	100%
Phosphorus (Dicalcium Phosphate)	772 mg	80%
Iodine (Potassium Iodide)	150 mcg	100%
Magnesium (Magnesium Oxide)	400 mg	100%
Zinc (Zinc Sulfate)	15 mg	100%
Selenium (Selenomethionine)	36 mcg	50%
Copper (Copper Gluconate)	2 mg	100%
Manganese (Manganese Gluconate)	2 mg	100%
Molybdenum (Sodium Molybdate)	36 mcg	50%

* Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS

Microcrystalline cellulose, stearic acid, croscarmellose sodium, natural sea mineral deposit.



FOREVER®