# Forever Garcinia Plus®

#071



## Forever Garcinia Plus<sup>®</sup> Designed to help you get your best results.

Forever Garcinia Plus<sup>®</sup> is designed to complement your healthy lifestyle and help you achieve your weight management goals. The star of the show is the Garcinia cambogia fruit, which contains hydroxicitric acid (HCA). This compound has been shown to temporarily inhibit the body's conversion of carbohydrates into fats. The potent Garcinia extract used in Forever Garcinia Plus<sup>®</sup> contains high levels of this important compound.

Because Garcinia helps inhibit fat production, the body leans toward burning existing fat stores, which aids in weight loss when combined with a sensible diet and exercise program. This incredible fruit has also been shown to help reduce cravings as a natural appetite suppressant.

Researchers in the 1960s discovered the Garcinia fruit had compounds that could impact metabolism by inhibiting the enzyme that converts calories into fat. Garcinia is also caffeine free, so you can take this supplement without those caffeine jitters!

To complement Garcinia, we added chromium picolinate. If your body is deficient of this important mineral, it could cause fatigue and excess fat production. You work hard to eat right and exercise. Forever Garcinia Plus<sup>®</sup> is a great tool to help you stay on track!

### WEIGHT MANAGEMENT

#### **FAST FACTS**

- Temporarily inhibits fat production and storage
- Helps reduce cravings and suppress appetite
- Useful weight management tool

Gluten Free

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70 softgels

#### DIRECTIONS

One softgel three times daily, preferably 30-60 minutes before meals.

#### **CERTIFICATIONS**

Kosher Certified, Halal Certified

® (M)

# **Supplement Facts**

 Serving Size 1 Softgel

 Amount Per Softgel
 % Daily Value\*

 Calories 5
 Calories from Fat 5

 Total Fat 0.5 g
 <1%\*</td>

 Chromium 100 mcg
 80%

 Garcinia Cambogia Extract, powdered (fruit rind) 500 mg
 †

 Yielding 250 mg of [-] Hydroxycitric Acid per softgel)
 \*

 \* Percent Daily Values are based on a 2,000 calorie diet.
 †

 Daily Value not established.
 \*

#### **INGREDIENTS**

Ingredients: Garcinia cambogia extract, safflower oil, gelatin, glycerin, medium-chain triglyceride vegetable oil (MCT or thin oil), purified water, beeswax, soy lecithin, carob extract, titanium dioxide, and chromium picolinate. Contains Soy.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.