

Forever Fiber®

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Forever Fiber®

Quick-draw fiber on the go.

There's no question that fiber is a crucial part of a healthy diet. Yet with all the demands of everyday life, it's not always possible to get enough fiber from food alone. Another downside is that fiber rich foods are typically rich in calories as well! Wouldn't it be nice if there were a way to load up on fiber without loading up on calories? Well, now there is.

Fiber up on the go with Forever Fiber®. These convenient packets are ready to help you get your daily fiber when you need. Pack in an extra five grams of fiber with each serving of this easy-dissolving, grit free formula. The pleasant, mild taste works well with any beverage, including your favorite aloe vera drinks.

Each packet gives you the same amount of fiber as a cup-and-half of brown rice or two slices of whole wheat toast without the calories or carbs! Forever Fiber® is a great between meal choice because it can contribute to feelings of fullness, therefore helping you control appetite and cravings. Forever Fiber® also includes prebiotic fiber, which helps strengthen and promote good bacteria. This is a great way to add some balance to your diet and fuel a healthier lifestyle.

Because fiber promotes optimal health and digestive function, experts recommend taking in around 30 grams of this power nutrient a day. Most people only consume half that amount. Forever Fiber® makes it incredibly easy to hit the ideal daily recommendation, anywhere and anytime.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NUTRITIONALS

FAST FACTS

- Supports healthy digestive function
- Promotes healthy bacteria growth
- Quick dissolving
- Mild, grit-free taste



Gluten Free



Suitable for vegetarians



Suitable for vegans

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30 Packets

DIRECTIONS

Mix one packet of Forever Fiber™ with water, Forever Aloe Vera Gel®, or other beverage daily. For best results, pour contents of one packet into a glass, add your beverage of choice and mix thoroughly. You can also sprinkle on food.

It is suggested to take Forever Fiber™ at least 30 minutes away from other dietary supplements as fiber may impact their absorption in the body.

CERTIFICATIONS

Kosher Certified, Halal Certified



Supplement Facts

Serving Size 1 Packet (6.1g)

Servings Per Container 30

	Amount Per Serving	%DV
Calories	10 calories	
Total Carbohydrates	6 g	2%*
Dietary Fiber	5 g	20%*
Soluble Fiber	5 g	†

Proprietary Forever Fiber Blend 5 g †
Acacia Gum, Soluble Corn Fiber, Soluble Corn Dextrin, Fructooligosaccharides.

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established.



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