

Forever Lite Ultra[®] with Aminotein[®]

#470



Forever Lite Ultra[®] with Aminotein[®] Power your healthy lifestyle with protein and nutrition.

Protein is the basic building block of every cell in your body. A high protein diet can play an important role in weight loss by helping you control cravings and build muscle. To build and maintain lean muscle, your body needs amino acids that can only be derived from protein.

Forever Lite Ultra[®] is a delicious, versatile and easy way to feed your body 17 grams of vegetarian-sourced protein without sugar, fat or carbs. It's a nutritious snack with a wonderful vanilla flavor that mixes with milk or your favorite non-dairy substitute. You'll love the way you feel when you make Forever Lite Ultra[®] part of your weight management and exercise routine!

Two servings of Forever Lite Ultra[®] made with skim milk provide 100% of your daily recommended value of vitamins and minerals. This delicious shake mix supplies 18 important amino acids, including essential, non-essential and branched-chain amino acids.

We've added prebiotic fiber for another layer of protection against unwanted cravings and Aminotein[®] to help prevent the bloating that other protein drinks can cause.

Make Forever Lite Ultra[®] with Aminotein[®] part of your weight management routine. It's also included as part of our CLEAN 9 and F15[®] programs that provide everything you need to look better and feel better in one box!

Remember, you'll get the best results when you combine this delicious and powerful shake with healthy eating and regular exercise. Raise a glass. Here's to your successful weight management journey!

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WEIGHT MANAGEMENT

FAST FACTS

- Contributes to lean muscle mass
- 17 grams of protein per serving
- Great source of vitamins and nutrition
- Complements low-carb lifestyle



Gluten Free

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13.2 OZ (375g)

DIRECTIONS

Blend or mix 1 level scoop with 10 fluid ounces of skim milk. Use scoop provided. For a special treat, mix with crushed ice or fruit. Shake well before each use.

CERTIFICATIONS

Kosher Certified, Halal Certified



INGREDIENTS

Soy protein isolate, fructose, fructooligosaccharides, dicalcium phosphate, natural vanilla flavor, guar gum, Aminogen[®]†† (patented protease blend), safflower oil, soy lecithin, disodium phosphate, ascorbic acid, sucralose, d-alpha-tocopheryl acetate, biotin, beta carotene, niacinamide, vitamin A palmitate, zinc oxide, d-calcium pantothenate, potassium iodide, cholecalciferol, pyridoxine hydrochloride, brewer's yeast, thiamine hydrochloride, riboflavin, chromium chloride, folic acid, spirulina, cyanocobalamin, sodium selenite. Contains: Soy

Nutrition Facts

Serving Size 1 Scoop (25g) Servings Per Container 15 servings

Amount Per Serving	Powder with skim milk Powder (10 fl. oz.)	Amount Per Serving	Powder with skim milk Powder (10 fl. oz.)
Calories	90	216	
Calories from fat	10	10	
% Daily Value**			
Total Fat 1g*	<2%	<2%	
Saturated Fat	0%	0%	
Trans Fat 0g			
Cholesterol 0mg	0%	2%	
Sodium 293mg	12%	20%	
Potassium 40mg	1%	15%	
Total Carbohydrate 4g	1%	7%	
Dietary Fiber 1g	4%	4%	
Sugars 2g			
Protein 17g	34%	54%	
Vitamin A	40%	50%	
Vitamin C	50%	50%	
Calcium	20%	55%	
Vitamin D	30%	50%	
Vitamin E	50%	50%	
Thiamine	40%	50%	
Riboflavin	15%	50%	
Niacin	50%	50%	
Vitamin B6	50%	50%	
Folate	50%	50%	
Vitamin B12	30%	50%	
Biotin	50%	50%	
Pantothenic Acid	40%	50%	
Phosphorus	30%	60%	
Iodine	35%	50%	
Zinc	40%	50%	
Selenium	50%	50%	
Chromium	50%	50%	

*Amount in Powder. Ten fluid ounces of skim milk contributes an additional 126 calories, 181mg sodium, 17g total carbohydrates (17g sugars), and 10g protein.

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	25g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	3,500mg	3,500mg	
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g
Calories per gram			
Fat 9 Carbohydrate 4 Protein 4			



FOREVER[®]