

Forever Lite Ultra[®] with Aminotein[®]

#471



Forever Lite Ultra[®] with Aminotein[®] Rich natural chocolate flavor to power your healthy lifestyle.

Protein is the basic building block of every cell in your body. A high protein diet can play an important role in weight loss by helping you control cravings and build muscle. To build and maintain lean muscle, your body needs amino acids that can only be derived from protein.

Forever Lite Ultra[®] is a delicious, versatile and easy way to feed your body 17 grams of vegetarian-sourced protein without sugar, fat or carbs. It's a nutritious snack with a decadent natural chocolate flavor that mixes with milk or your favorite non-dairy substitute. You'll love the way you feel when you make Forever Lite Ultra[®] part of your weight management and exercise routine!

Two servings of Forever Lite Ultra[®] made with skim milk provide 100% of your daily recommended value of vitamins and minerals. This delicious shake mix supplies 18 important amino acids, including essential, non-essential and branched-chain amino acids.

We've added prebiotic fiber for another layer of protection against unwanted cravings and Aminotein[®] to help prevent the bloating that other protein drinks can cause.

Make Forever Lite Ultra[®] with Aminotein[®] part of your weight management routine. It's also included as part of our CLEAN 9 and F15[®] programs that provide everything you need to look better and feel better in one box!

Remember, you'll get the best results when you combine this delicious and powerful shake with healthy eating and regular exercise. Raise a glass. Here's to your successful weight management journey!

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WEIGHT MANAGEMENT

FAST FACTS

- Contributes to lean muscle mass
- 17 grams of protein per serving
- Great source of vitamins and nutrition
- Complements low-carb lifestyle



Gluten Free

CONTENTS

13.2 OZ (375g)

DIRECTIONS

Blend or mix 1 level scoop with 10 fluid ounces of skim milk. Use scoop provided. For a special treat, mix with crushed ice or fruit. Shake well before each use.

CERTIFICATIONS

Kosher Certified, Halal Certified



INGREDIENTS

Soy protein isolate, natural chocolate flavor, cocoa powder, fructose, dicalcium phosphate, fructooligosaccharides, guar gum, Aminogen[®]†† (patented protease blend), safflower oil, soy lecithin, sucralose, ascorbic acid, d-alpha-tocopheryl acetate, disodium phosphate, biotin, niacinamide, beta carotene, vitamin A palmitate, zinc oxide, d-calcium pantothenate, potassium iodide, cholecalciferol, pyridoxine hydrochloride, brewer's yeast, thiamine hydrochloride, riboflavin, chromium chloride, folic acid, cyanocobalamin, spirulina, sodium selenite. Contains: Soy

Nutrition Facts

Serving Size 1 Scoop (25g) Servings Per Container 15 servings

Amount Per Serving	Powder with skim milk Powder (10 fl. oz.)	Amount Per Serving	Powder with skim milk Powder (10 fl. oz.)
Calories	90 216	Vitamin C	50% 50%
Calories from fat	10 10	Calcium	20% 55%
	% Daily Value**	Vitamin D	30% 50%
Total Fat 1g*	<2% <2%	Vitamin E	50% 50%
Saturated Fat 0g	0% 0%	Thiamine	40% 50%
Trans Fat 0g		Riboflavin	15% 50%
Cholesterol 0mg	0% 2%	Niacin	50% 50%
Sodium 293mg	12% 20%	Vitamin B6	50% 50%
Potassium 79mg	2% 16%	Folate	50% 50%
Total Carbohydrate Total 4g	1% 7%	Vitamin B12	30% 50%
Dietary Fiber 1g	4% 4%	Biotin	50% 50%
Sugars 2g		Pantothenic Acid	40% 50%
Protein 17g	34% 54%	Phosphorus	30% 60%
Vitamin A	40% 50%	Iodine	35% 50%
		Zinc	40% 50%
		Selenium	50% 50%
		Chromium	50% 50%

*Amount in Powder. Ten fluid ounces of skim milk contributes an additional 126 calories, 181mg sodium, 17g total carbohydrates (17g sugars), and 10g protein.

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Total Fat	Less than	2,000	2,500
Saturated Fat	Less than	65g	80g
Cholesterol	Less than	20g	25g
Sodium	Less than	300mg	300mg
Potassium	Less than	2,400mg	2,400mg
Total Carbohydrate		3,500mg	3,500mg
Dietary Fiber		30g	37.5g
Protein		25g	30g
Calories per gram		50g	65g
Fat 9	Carbohydrate 4	Protein 4	



FOREVER[®]